

RIT January Friday Meet - 1/23/2026

Results

Women 60 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Rachel Kulp	SR	RIT	7.85q
2 Kennedy Benjamins	SO	Roberts Wesl	7.89q
3 Alaina Morley	SR	Nazareth	8.01q
4 Alexis Vincent	FR	Le Moyne	8.06q
5 Olivia Nicholls	FR	Oneonta	8.10q
6 Emily Heiner	FR	St. John Fis	8.10q
7 Makenna Manson	SO	St. John Fis	8.11q
8 Gracie Gorrell	FR	Oneonta	8.15q
9 Alexis Lasher	SR	Nazareth	8.19
10 Kayla Anastasia	SR	Suny Geneseo	8.20
11 Brianna Senatore	JR	Oneonta	8.23
12 Gianna Russo-Sanchez	JR	Oneonta	8.23
13 Lizzie Merrill	SO	Rochester	8.24
14 Madeline Mehring	FR	St. John Fis	8.25
15 Jordan Smith	FR	Rochester	8.25
16 Jasmine Kendrick	JR	Nazareth	8.28
17 Abigail Bowen	FR	Roberts Wesl	8.29
18 Meghan Muscarella	FR	Brockport	8.33
19 Samantha Newman	FR	Mansfield	8.36
20 Alanna Daniel	SO	Roberts Wesl	8.39
21 Maya Hatch	SR	Rochester	8.41
22 Ella Radley	SO	St. John Fis	8.42
23 Tess Barber	FR	RIT	8.43
24 Allison Nickson	SO	St. John Fis	8.43
25 Alayna Bush	FR	Le Moyne	8.48
25 Kristanna Samascott	SO	Oneonta	8.48
27 Alexia Strom-Warren	FR	St. John Fis	8.50
28 Lily Rexford	SR	Brockport	8.57
29 Jordan Wagner	JR	Nazareth	8.61
30 Aaliyah McCoy	SO	Roberts Wesl	8.63
31 Rachel Daskiewich	JR	Brockport	8.69
32 Melany Johnson	FR	St. John Fis	8.69
33 Abigail Gelinas	FR	RIT	8.70
34 Rachel Ganer	FR	Brockport	8.73
35 Sandra Lemus	SO	Mansfield	8.74
36 Margaret Petty	SR	Oneonta	8.76
37 Kyasia Hall	FR	Brockport	8.82
38 Toni Adewakun	JR	Rochester	8.92
39 Chelsea Reynolds	SO	Brockport	8.98
40 Ashlee Sphabmixay	SR	Oneonta	9.04
41 Ellerie Finger	FR	Rochester	9.05
42 Kaitlin Hughes	FR	St. John Fis	9.16
43 Sarina Johnson	SO	Brockport	9.18
44 Laila Perez	FR	Nazareth	9.23
45 Alyssa Sorochinsky	FR	Oneonta	9.25
46 Victoria Capuli	SO	St. John Fis	9.54

Women 60 Meter Dash

Name	Yr	School	Finals
Finals			
1 Rachel Kulp	SR	RIT	7.88
2 Kennedy Benjamins	SO	Roberts Wesl	7.91
3 Alexis Vincent	FR	Le Moyne	8.00

4 Alaina Morley	SR	Nazareth	8.01
5 Makenna Manson	SO	St. John Fis	8.05
6 Emily Heiner	FR	St. John Fis	8.10
7 Gracie Gorrell	FR	Oneonta	8.18

Women 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Nora Chen	JR	Rochester	25.67
2 Rosalie Vincent	JR	Le Moyne	26.29
3 Abigail Dorunda	SO	St. John Fis	26.52
4 Gracie Gorrell	FR	Oneonta	26.53
5 Emily Heiner	FR	St. John Fis	27.03
6 Nicolette DuBose	JR	Oneonta	27.03
7 Juliana Riemersma	FR	St. John Fis	27.07
8 Samantha Luba	SR	Nazareth	27.18
9 Makenna Manson	SO	St. John Fis	27.22
10 Jaiden Schrag	SO	Oneonta	27.30
11 Alexis Lasher	SR	Nazareth	27.33
12 Lexi Rodriguez	SR	Brockport	27.41
13 Allison Nickson	SO	St. John Fis	27.48
14 Jasmine Kendrick	JR	Nazareth	27.56
15 Courtney Bostic	SR	Brockport	27.79
16 Alaina Morley	SR	Nazareth	27.86
17 Liliana Mendez	FR	St. John Fis	27.89
18 Tess Barber	FR	RIT	27.99
19 Brianna Senatore	JR	Oneonta	28.03
20 Monica Cammarota	SO	Brockport	28.14
21 Amber Hayes	FR	Nazareth	28.20
22 Gianna Russo-Sanchez	JR	Oneonta	28.26
23 Ariana Proper	JR	Brockport	28.41
24 Kristanna Samascott	SO	Oneonta	28.42
25 Grace McInerney	SO	Rochester	28.51
26 Alexia Strom-Warren	FR	St. John Fis	28.58
27 Jasmin Gonzalez-Rivera	SO	Le Moyne	28.59
28 Ella Radley	SO	St. John Fis	28.75
29 Amanda Lowenguth	JR	Le Moyne	28.78
30 Alyssa Parks	FR	Mansfield	28.83
31 Jordan Wagner	JR	Nazareth	28.87
32 Leann Clay	FR	Brockport	29.03
33 Aaliyah McCoy	SO	Roberts Wesl	29.10
34 Rachel Ganer	FR	Brockport	29.12
35 Sophia Leach	JR	St. John Fis	29.17
36 Yauvani Liddelow	FR	Fredonia	29.26
37 Cassie Ward	FR	Rochester	29.28
38 Abigayle Snyder	FR	St. John Fis	29.40
38 Alayna Bush	FR	Le Moyne	29.40
40 Rachel Daskiewich	JR	Brockport	29.67
41 Meya McKown	JR	Nazareth	29.74
42 Alexi Sheen	FR	Fredonia	29.75
43 Daniea Austin	JR	Oneonta	29.90
44 Julia Largett	SR	Rochester	30.07
45 Sara Edmonson	SO	Le Moyne	30.08
46 Grace Dam	JR	Brockport	30.20
47 Aniyah Green	FR	Oneonta	30.37
48 Sarina Johnson	SO	Brockport	30.38
49 Kaitlin Hughes	FR	St. John Fis	30.68

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Results

Finals ... (Women 200 Meter Dash)

	Name	Yr	School	Finals
50	Oreilly Gilles	SO	Le Moyne	31.34
51	Gabriella Primrose	SO	Nazareth	31.91
52	Victoria Capuli	SO	St. John Fis	32.07
53	Laila Perez	FR	Nazareth	32.57
54	Jada Maehrlein	FR	Le Moyne	33.36

Women 300 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Abigail Bowen	FR	Roberts Wesl	44.20
2	Emma Gassman	FR	Fredonia	44.36
3	Jasmin Gonzalez-Rivera	SO	Le Moyne	44.84
4	Hazel Bache	SO	Fredonia	46.46
5	Nisaa Emery	FR	Buffalo Stat	46.54
6	Allison Bartoszek	SO	Fredonia	46.84
7	Shamiah Brown	SO	Buffalo Stat	47.27
8	Evelyn Zdrojewski	SO	Fredonia	47.58
9	Alanna Daniel	SO	Roberts Wesl	47.60
10	Laiana Gardner	FR	Fredonia	47.79
11	Makayla Robicheaux	SO	Mansfield	49.12
12	Shona Boehmer	SO	Fredonia	49.74
13	Daniea Austin	JR	Oneonta	50.50
14	Heidi House	FR	Buffalo Stat	50.75

Women 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Jadyn Mullen	JR	Roberts Wesl	59.68
2	Abigail Dorunda	SO	St. John Fis	61.05
3	Rita Sciortino	SR	Rochester	61.57
4	Samantha Crisci	SR	RIT	61.85
5	Emily Dill	JR	Rochester	62.88
6	Juliana Riemersma	FR	St. John Fis	63.40
7	Liliana Mendez	FR	St. John Fis	63.76
8	Siera Shenoy	FR	Fredonia	64.29
9	Sophia Leach	JR	St. John Fis	64.69
10	Peyton Classer	SO	Rochester	64.72
11	Abigail Bowman	SO	Nazareth	64.74
12	Amanda Lowenguth	JR	Le Moyne	65.01
13	Isabella Doty	SR	Rochester	65.09
14	Isabel Laney	FR	Brockport	65.18
15	Adelle Robinson	FR	Le Moyne	65.75
16	Mallory Rice	JR	Nazareth	65.98
17	Kaitlyn Burt	JR	Nazareth	66.67
18	Oreilly Gilles	SO	Le Moyne	66.94
19	Katie Punch	FR	Rochester	67.29
20	Julia Lantner	SR	Rochester	67.77
21	Marissa Allen	JR	Mansfield	68.83
22	Jenna Hostetler	SO	Nazareth	72.33
23	Amilcar Centeno	SO	Fredonia	75.36
24	Jada Maehrlein	FR	Le Moyne	76.81

Women 800 Meter Run

	Name	Yr	School	Finals
Finals				
1	Nicole Gretzinger	SR	Suny Geneseo	2:21.81
2	Ava Bagley	JR	Suny Geneseo	2:22.31
3	Dakota Limbert	SO	Suny Geneseo	2:23.48
4	Caitlin Voloshen	SR	St. John Fis	2:23.60
5	Ava Brogan	SO	Suny Geneseo	2:23.68
6	Maeve Robarge	SR	Brockport	2:26.08
7	Lydia Demarest	FR	Roberts Wesl	2:26.48
8	Vanessa Ramos	SR	Brockport	2:27.03
9	Aaliyah Wright	SO	Brockport	2:28.29
10	Bailey Nixon	FR	St. John Fis	2:28.49
11	Abigail Nautel	SR	RIT	2:28.78
12	Olivia Grinnell	SR	St. John Fis	2:28.89
13	Valerie Gilbert	FR	RIT	2:29.39
14	Isabella Lagios	SO	Suny Geneseo	2:29.64
15	Taylor Nugent	FR	Brockport	2:29.83
16	Alex Friedel	FR	Oneonta	2:30.12
17	Sophia DiGennaro	SO	RIT	2:30.60
18	Emma Lipa	FR	Roberts Wesl	2:31.03
19	Ariana Proper	JR	Brockport	2:31.70
20	Daniella Malanga	SO	RIT	2:32.63
21	Chloe Abbott	FR	Suny Geneseo	2:32.72
22	Eva Woodworth	SR	Oneonta	2:33.22
23	Madison Kirkpatrick	JR	Brockport	2:33.70
24	Mia Lucyshyn	JR	Roberts Wesl	2:34.79
25	CC Leavitt	FR	Rochester	2:34.95
26	Natalie Heselton	FR	Brockport	2:38.79
27	Caroline Horton	SO	St. John Fis	2:39.36
28	Isabella Macer	SO	RIT	2:40.43
29	Rachael Gray	FR	Brockport	2:41.98
30	Jessica Montemorano	JR	Roberts Wesl	2:42.23
31	Rose Loomis	FR	Brockport	2:44.37
32	Elaina Neubert	SO	Brockport	2:45.12
33	Sophia Janik	JR	Buffalo Stat	2:46.06
34	Ashlee Greene	SO	Brockport	2:48.35
35	Caelyn Eiser	FR	St. John Fis	2:49.27
36	Kate DeFio	FR	St. John Fis	2:52.37
37	D'Rajenea Hill	SO	Buffalo Stat	2:52.77
---	Madeline Ferrer	FR	RIT	DNF
---	Nya Martinelli	SR	Brockport	DNF

Women 1000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Ethne Degan	SO	Brockport	3:02.46
2	Emily Leo	JR	Brockport	3:08.56
3	Michaela Goettel	FR	Roberts Wesl	3:09.18
4	Paige Reeser	SO	Roberts Wesl	3:10.62
5	Mariah LeGrow	FR	Nazareth	3:11.96
6	Solki Martin-Lacayo	FR	Roberts Wesl	3:12.70
7	Salvatrice Piccolo	SO	Brockport	3:13.06
8	Kelsey Fahy	JR	Nazareth	3:13.99
9	Ava Baker	JR	Nazareth	3:17.95
10	Amelia Mickelson	SO	Roberts Wesl	3:18.03

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Finals ... (Women 1000 Meter Run)

	Name	Yr	School	Finals
11	Zoe Maupin	SO	Roberts Wesl	3:18.57
12	Rose Wilson	FR	Roberts Wesl	3:18.76
13	Kennedy Mitchell	SO	Roberts Wesl	3:18.98
14	Camryn Jacob	SO	Brockport	3:19.86
15	Bailey Visingard	JR	Nazareth	3:20.87
16	Megan Wilson	JR	Brockport	3:21.57
17	Isabella Petrer	FR	Brockport	3:22.53
18	Siera Shenoy	FR	Fredonia	3:23.72
19	Anna Kern	SO	Oneonta	3:25.84
20	Emma Tripi	FR	Brockport	3:28.98
21	Jane Beyer	FR	Nazareth	3:31.66
22	Lindsey Male	SO	Brockport	3:31.86
23	Alia Graziadei	SO	Nazareth	3:32.41
24	Meghan Moyer	JR	Nazareth	3:32.92
25	Molly O'Neil	FR	Nazareth	3:35.99
26	Olivia Fesmire	FR	Roberts Wesl	3:36.10
27	Hailey Anderson	FR	Nazareth	3:40.53
28	Emily Miller	SO	Nazareth	3:41.94
29	Emily Frank	FR	Fredonia	3:44.36
30	Angelina Rodriguez	JR	Le Moyne	3:45.66
31	Juliana Rodriguez	JR	Fredonia	3:48.49
32	Erin Smith	FR	Fredonia	3:56.60

Women 1 Mile Run

	Name	Yr	School	Finals
Finals				
1	Molly Fitzgibbons	SR	Rochester	5:04.36
2	Sierra Doody	SR	Suny Geneseo	5:07.79
3	Ann Brennan	SR	Suny Geneseo	5:09.28
4	Ari Reback	SO	Suny Geneseo	5:15.23
5	Kaitlyn Hotaling	FR	Suny Geneseo	5:19.10
6	Ella Impaglia	SR	Nazareth	5:20.12
7	Rachel Horner-Richardson	SR	Roberts Wesl	5:20.20
8	Alexa Kosier	FR	Suny Geneseo	5:20.31
9	Annika Hurley	SR	Suny Geneseo	5:20.65
10	Eva Reilly	JR	RIT	5:25.15
11	Natalia Sweat	SO	Oneonta	5:25.24
12	Evelyn Schmit	SO	Roberts Wesl	5:25.45
13	Micah Gordley	SR	RIT	5:25.48
14	Lydia Roselund	SR	Roberts Wesl	5:26.25
15	Kelsey Fahy	JR	Nazareth	5:26.36
16	Isabella O'Donnell	SO	Le Moyne	5:26.42
17	Brianne Hurlburt	SO	St. John Fis	5:30.21
18	Anyia Sloth	JR	Oneonta	5:30.41
19	Abigail Thomas	SR	RIT	5:32.43
20	Salma Moumen	FR	Brockport	5:32.87
21	Maggie Bacon	JR	St. John Fis	5:33.19
22	Bailey Visingard	JR	Nazareth	5:34.06
23	Grace Caterina	SO	St. John Fis	5:34.25
24	Emma Bohall	FR	Le Moyne	5:34.40
25	Jill Cinquina	FR	Oneonta	5:35.70
26	Maria Khalifeh	SO	Rochester	5:36.18
27	Anna Kern	SO	Oneonta	5:36.56
28	Gia Engel	JR	Oneonta	5:38.33
29	Juliana Cavanaugh	FR	RIT	5:39.67

30	Sam Mermelstein	FR	Rochester	5:39.67
31	Gianna Tribotte	SR	Roberts Wesl	5:43.81
32	Trista Webster	SO	Roberts Wesl	5:46.93
33	Adriana Ochoa	SO	Rochester	5:47.30
34	Jessica Montemorano	JR	Roberts Wesl	5:48.71
35	Jade Kimmel	SR	RIT	5:48.86
36	Meghan Moyer	JR	Nazareth	5:51.02
37	Lily Pink	SO	Brockport	5:51.55
38	Alia Graziadei	SO	Nazareth	5:53.82
39	Jorja Smith	SO	Buffalo Stat	5:54.24
40	Ariane Yedidia	SO	Rochester	5:54.53
41	Lexi Hoffman	FR	Buffalo Stat	5:54.70
42	Corina Zheng	FR	RIT	5:54.76
43	Jane Beyer	FR	Nazareth	5:55.30
44	Ally DePerno	SO	Brockport	5:56.35
45	Victoria Raghubar	FR	RIT	5:56.91
46	Sydney Borofsky	SO	RIT	5:57.78
47	Sophia Allen	SO	Oneonta	5:59.15
48	Kaitlynn Slobodin	FR	Oneonta	5:59.16
49	Keziah Angeleri	SO	Brockport	6:00.89
50	Katelyn Becker	JR	Buffalo Stat	6:03.01
51	Mayla Falank	FR	Mansfield	6:08.33
52	Keyla Mendoza-Stapleton	JR	Oneonta	6:08.93
53	Emily Miller	SO	Nazareth	6:09.37
54	Jillian Humphrey	SR	Brockport	6:11.67
55	Kaitlyn Goodwin	SR	Roberts Wesl	6:12.55
56	Megan O'Malley	JR	St. John Fis	6:16.19
57	Emma Turowski	SO	St. John Fis	6:16.25
58	Molly O'Neil	FR	Nazareth	6:16.81
59	Abigail Davies	FR	Mansfield	6:17.14
60	Maria Morales	FR	Oneonta	6:20.85
61	Felicity Scherer	FR	Nazareth	6:21.71
62	Juliana Rodriguez	JR	Fredonia	6:28.35
63	Natalie Elble	FR	St. John Fis	6:29.32
64	Bella Silipigno	FR	St. John Fis	6:32.18
65	Emily Judd	FR	Le Moyne	6:38.97
66	Marisa Rivera	FR	Oneonta	6:59.96
67	Hailey Parker	FR	Le Moyne	7:01.07
68	Makenzie Hughes	FR	Oneonta	7:14.29

Women 3000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Riley Joseph	SR	Rochester	10:38.94
2	Alyssa Horng	SR	Rochester	10:40.36
3	Ella Blau	JR	Rochester	10:40.61
4	Mackenzie Ples	JR	Le Moyne	10:41.97
5	Therese Georgia	JR	RIT	10:54.88
6	Emily Dill	JR	Rochester	11:01.65
7	Maddie Sichak	SO	Brockport	11:04.79
8	Gia Engel	JR	Oneonta	11:04.93
9	Jill Cinquina	FR	Oneonta	11:06.21
10	Esther Nankumba	SR	Brockport	11:12.76
11	Anyia Sloth	JR	Oneonta	11:13.51
12	Hailey Morrison	FR	Brockport	11:25.20
13	Rachael Ladd	SR	RIT	11:26.65
14	Kara Goldstein	SO	Rochester	11:30.17

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Finals ... (Women 3000 Meter Run)

Name	Yr	School	Finals
15 Olivia Komacek	JR	Oneonta	11:44.13
16 Summer Sayaves	FR	Oneonta	11:47.69
17 Peyton Carter	SO	St. John Fis	11:47.98
18 Abbie Battle	SO	Oneonta	11:53.34
19 Stephanie Onderdonk	SO	Brockport	11:56.13
20 Jennifer Reagan	SR	Brockport	11:58.84
21 Margaret Nawojski	SR	St. John Fis	11:59.49
22 Abby Nash	SO	St. John Fis	11:59.80
23 Lilly Jacobs	FR	Oneonta	12:06.62
24 Baillie Burton	JR	St. John Fis	12:16.94
25 Keziah Angeleri	SO	Brockport	12:17.33
26 Mayla Falank	FR	Mansfield	12:22.51
27 Sam Salomon	FR	Oneonta	12:23.92
28 Sophia Rocha	FR	Nazareth	12:30.72
29 Alexis Heary	SO	St. John Fis	12:53.60
30 Abigail Davies	FR	Mansfield	12:55.49
31 Jenna Rosenkrans	SO	St. John Fis	13:05.67
32 Libby Drum	SO	St. John Fis	13:27.70

Women 60 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Nora Chen	JR	Rochester	9.01Q
2 Jaiden Schrag	SO	Oneonta	9.27Q
3 Natalia Sawyer	SR	Buffalo Stat	9.30Q
4 Samantha Luba	SR	Nazareth	9.35Q
5 Rania Sabri	SR	RIT	9.66Q
6 Amber Hayes	FR	Nazareth	9.33q
7 Makenna Keough	FR	St. John Fis	9.56q
8 Lyla Dufek	FR	Le Moyne	9.99q
9 Meya McKown	JR	Nazareth	10.13
10 Abigayle Snyder	FR	St. John Fis	10.18
11 Monica Cammarota	SO	Brockport	10.20
12 Mallory Rice	JR	Nazareth	10.21
13 Ashlee Sphabmixay	SR	Oneonta	10.25
14 Jasmine Ayre	SO	Nazareth	10.43
15 Alana Westerling	FR	Oneonta	10.49
16 Jacey Hinds	JR	Oneonta	10.51
17 Allison Bartoszek	SO	Fredonia	10.56
18 Julia Largett	SR	Rochester	10.58
19 Kyasia Hall	FR	Brockport	10.59
20 Alexi Sheen	FR	Fredonia	10.63
21 Leann Clay	FR	Brockport	10.69
22 Kaitlyn Burt	JR	Nazareth	10.79
23 Eva Croft	FR	Oneonta	10.88
24 Julie Durham	SO	Rochester	11.02
25 Zoe Noble	SR	Rochester	11.03
26 Sophie Zillgitt	FR	Oneonta	11.16
27 Melinda Reid	JR	Oneonta	11.22
28 Alyssa Soroichinsky	FR	Oneonta	11.30
29 Jenna Hostetler	SO	Nazareth	11.33
30 Kiersten Lamphier	SO	Le Moyne	11.43
31 Aniyah Green	FR	Oneonta	11.49
32 Zalayna Brown	SO	Mansfield	12.39
33 Sara Edmonson	SO	Le Moyne	13.34

Women 60 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Natalia Sawyer	SR	Buffalo Stat	8.91
2 Nora Chen	JR	Rochester	9.12
3 Jaiden Schrag	SO	Oneonta	9.17
4 Samantha Luba	SR	Nazareth	9.26
5 Amber Hayes	FR	Nazareth	9.43
6 Rania Sabri	SR	RIT	9.47
7 Makenna Keough	FR	St. John Fis	9.56
8 Lyla Dufek	FR	Le Moyne	10.09

Women 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Rochester	A	1:48.25
1) Lizzie Merrill SO	2) Nora Chen JR	
3) Jordan Smith FR	4) Rita Sciortino SR	
2 Oneonta	A	1:48.34
1) Olivia Nicholls FR	2) Jaiden Schrag SO	
3) Nicolette DuBose JR	4) Gracie Gorrell FR	
3 Le Moyne	A	1:53.68
1) Jacey Locci SO	2) Amanda Lowenguth JR	
3) Lyla Dufek FR	4) Alexis Vincent FR	
4 Oneonta	B	x1:54.14
1) Gianna Russo-Sanchez JR	2) Kristanna Samascott SO	
3) Eko Dodd-Brown JR	4) Brianna Senatore JR	
5 Fredonia	A	1:56.09
1) Alexi Sheen FR	2) Evelyn Zdrojewski SO	
3) Hazel Bache SO	4) Laiana Gardner FR	
6 Mansfield	A	2:02.22
1) Makayla Robicheaux SO	2) Sandra Lemus SO	
3) Zalayna Brown SO	4) Samantha Newman FR	
7 Rochester	B	x2:02.29
1) Raelen Green SO	2) Sadie Omilian SO	
3) Toni Adewakun JR	4) Zoe Noble SR	
8 Le Moyne	B	x2:03.85
1) Alayna Bush FR	2) Alyssa Costello JR	
3) Kiersten Lamphier SO	4) Jada Maehrlein FR	

Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Suny Geneseo	A	4:00.43
1) Isabella Lagios SO	2) Ava Bagley JR	
3) Nicole Gretzinger SR	4) Jillian Ambler JR	
2 Suny Geneseo	B	x4:12.57
1) Ava Brogan SO	2) Chloe Abbott FR	
3) Dakota Limbert SO	4) Alexa Kosier FR	
3 Rit	A	4:19.82
1) Samantha Crisci SR	2) Sophia Celia FR	
3) Hannah Mandell FR	4) Sophia DiGennaro SO	
4 Rochester	A	4:21.97
1) Peyton Classer SO	2) Isabella Doty SR	
3) Molly Fitzgibbons SR	4) Julia Lantner SR	

RIT January Friday Meet - 1/23/2026**Results****Finals ... (Women 4x400 Meter Relay)**

Team	Relay	Finals
5 Nazareth	A	4:22.89
1) Mariah LeGrow FR	2) Ava Baker JR	
3) Abigail Bowman SO	4) Ella Impaglia SR	
6 Le Moyne	A	4:25.44
1) Jasmin Gonzalez-Rivera SO	2) Adelle Robinson FR	
3) Oreilly Gilles SO	4) Isabella O'Donnell SO	
7 Oneonta	A	4:27.86
1) Eva Woodworth SR	2) Natalia Sweat SO	
3) Kaitlynn Slobodin FR	4) Alex Friedel FR	
8 Rochester	B	x4:35.06
1) Katie Punch FR	2) CC Leavitt FR	
3) Sam Mermelstein FR	4) Maria Khalifeh SO	
9 Buffalo State	A	4:35.88
1) Natalia Sawyer SR	2) Shamiah Brown SO	
3) D'Rajenea Hill SO	4) Sophia Janik JR	
10 Fredonia	A	4:49.12
1) Emma Gassman FR	2) Siera Shenoy FR	
3) Emily Frank FR	4) Amilcar Centeno SO	
11 Le Moyne	B	x4:55.53
1) Emma Bohall FR	2) Mackenzie Ples JR	
3) Emily Judd FR	4) Hailey Parker FR	

Women High Jump

Name	Yr	School	Finals
Finals			
1 Jacey Locci	SO	Le Moyne	1.63m
2 Lilly Capria	SR	Le Moyne	1.58m
3 Lainey Flaitz	JR	Suny Geneseo	1.53m
4 Kathryn Hillyard	SO	St. John Fis	J1.53m
5 Brayton Tripi	SO	Fredonia	1.48m
5 Sasha Schramm	SR	Brockport	1.48m
5 Heidi House	FR	Buffalo Stat	1.48m
8 Tessa Patchen	SO	Brockport	J1.48m
9 Hannah Mandell	FR	RIT	J1.48m
9 Mackenzie Kubat	SO	Suny Geneseo	J1.48m
11 Gigi Ferro	JR	Suny Geneseo	J1.48m
12 Abby Zeh	FR	Brockport	1.43m
12 Cassie Ward	FR	Rochester	1.43m
14 Samantha Luba	SR	Nazareth	J1.43m
15 Mary Claire Rollins	JR	St. John Fis	J1.43m
16 Nora Dreslin	SR	Rochester	J1.43m
17 Sophia Barclay	JR	Suny Geneseo	1.38m
17 Melinda Reid	JR	Oneonta	1.38m
17 Bethany Kleiner	FR	RIT	1.38m
20 Chloe Abbott	FR	Suny Geneseo	J1.38m
21 Katie Pavelchak	SR	Brockport	J1.38m
--- Julia Largett	SR	Rochester	NH
--- Gabriella Primrose	SO	Nazareth	NH
--- Mackenzie Knapp	FR	Suny Geneseo	NH

Women Pole Vault

Name	Yr	School	Finals
Finals			
1 Karis Kraf	SO	Roberts Wesl	3.92m
2 Melia Couchman	JR	Roberts Wesl	3.62m

2 Natalie Murray	FR	Roberts Wesl	3.62m
4 Kennedy Benjamins	SO	Roberts Wesl	J3.62m
5 Kiara Tornusciolo	SR	Nazareth	J3.62m
6 Isabel Morse	SR	Nazareth	3.47m
7 Rosie Morse	SR	Nazareth	J3.47m
8 Cara Pellechia	SR	Fredonia	J3.47m
9 Isabel Swyers	JR	Brockport	3.32m
10 Sarah Ouellette	SO	Roberts Wesl	J3.32m
11 Molly Winger	SO	Roberts Wesl	3.17m
12 Nicole Gretzinger	SR	Suny Geneseo	J3.17m
13 Ashlyn Weakley	FR	Nazareth	J3.17m
14 Kora Dininny	SO	Brockport	J3.17m
15 Cora Seaburg	JR	Roberts Wesl	3.02m
15 Ashley LaReddola	SO	Oneonta	3.02m
15 Katie Atkins	SO	Rochester	3.02m
18 Emily Cardinale	FR	Fredonia	J3.02m
18 Kathryn Hillyard	SO	St. John Fis	J3.02m
20 Alyssa Kelleher	FR	RIT	J3.02m
21 Ailanees Leon	FR	Nazareth	2.87m
21 Elise Mancini	FR	Nazareth	2.87m
23 Gianna Battista	SR	Suny Geneseo	J2.87m
24 Madyson Bush	SO	Nazareth	J2.87m
25 Katie Judway	FR	Suny Geneseo	J2.87m
26 Rose Jeff	FR	RIT	2.72m
27 Maddie Unruh	FR	Rochester	J2.72m
27 Haley Lake	FR	Brockport	J2.72m
29 Maille Alt	FR	Brockport	2.57m
--- Lillian Tripp	SO	St. John Fis	NH
--- Alyssa Parks	FR	Mansfield	NH
--- Valerie Gilbert	FR	RIT	NH
--- Becca Bready	SR	Brockport	NH

Women Long Jump

Name	Yr	School	Finals
Finals			
1 Jillian Ambler	JR	Suny Geneseo	5.94m
2 Mackenzie Kubat	SO	Suny Geneseo	5.62m
3 Lauren Murphy	FR	Rochester	5.53m
4 Rachel Kulp	SR	RIT	5.51m
5 Marisa Mazzacco	JR	Suny Geneseo	5.50m
6 Ashleigh Barrett	SR	Rochester	5.46m
7 Jadyen Mullen	JR	Roberts Wesl	5.45m
8 Jasmine Kendrick	JR	Nazareth	5.21m
8 Kayla Anastasia	SR	Suny Geneseo	5.21m
10 Samantha Luba	SR	Nazareth	5.13m
11 Allie Wojciechowski	SR	Brockport	5.12m
12 Anna Johnson	JR	Rochester	5.11m
13 Nicolette DuBose	JR	Oneonta	5.10m
13 Meghan Muscarella	FR	Brockport	5.10m
15 Maysie Davis	FR	Brockport	5.06m
16 Sadie Omilian	SO	Rochester	5.05m
17 Jordan Wagner	JR	Nazareth	5.03m
18 Corinne Albicker	JR	Suny Geneseo	5.02m
19 Victoria Rogoyski	SO	St. John Fis	5.01m
20 Sasha Schramm	SR	Brockport	5.00m
21 Madeline Mehring	FR	St. John Fis	4.99m
22 Kianna Naval	SO	St. John Fis	4.98m

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Results

Finals ... (Women Long Jump)

	Name	Yr	School	Finals
23	Grace McInerney	SO	Rochester	4.91m
24	Emily Cardinale	FR	Fredonia	4.90m
24	Melany Johnson	FR	St. John Fis	4.90m
26	Raelen Green	SO	Rochester	4.86m
26	Safia Sesay	SR	Brockport	4.86m
28	Samantha Newman	FR	Mansfield	4.85m
29	Alana Westerling	FR	Oneonta	4.76m
30	Aniyah Green	FR	Oneonta	4.69m
30	Zalayna Brown	SO	Mansfield	4.69m
32	Jasmine Ayre	SO	Nazareth	4.68m
33	Brayton Tripi	SO	Fredonia	4.58m
34	Alyssa Parks	FR	Mansfield	4.52m
34	Eva Croft	FR	Oneonta	4.52m
36	Sienna Lowe	FR	St. John Fis	4.51m
37	Sadie Cornell	FR	Brockport	4.48m
38	Laila Perez	FR	Nazareth	4.37m
39	Kira Davidson	SR	Fredonia	4.34m
40	Nisaa Emery	FR	Buffalo Stat	4.28m
41	Sophie Zillgitt	FR	Oneonta	3.99m
---	Alaina Morley	SR	Nazareth	FOUL
---	Alexis Vincent	FR	Le Moyne	FOUL
---	Emily Lopez	JR	Suny Geneseo	FOUL

Women Triple Jump

	Name	Yr	School	Finals
Finals				
1	Lauren Murphy	FR	Rochester	11.82m
2	Elsye Klump	SO	Suny Geneseo	11.05m
3	Kianna Naval	SO	St. John Fis	10.69m
4	Makenna Keough	FR	St. John Fis	10.61m
5	Lilly Capria	SR	Le Moyne	10.44m
6	Maysie Davis	FR	Brockport	10.42m
7	Madyson Bush	SO	Nazareth	10.21m
8	Yauvani Liddelow	FR	Fredonia	10.19m
9	Safia Sesay	SR	Brockport	10.16m
10	Ashley LaReddola	SO	Oneonta	9.77m
11	Leondda Celestin	FR	Suny Geneseo	9.66m
12	Ellerie Finger	FR	Rochester	9.60m
13	Sadie Cornell	FR	Brockport	9.45m
14	Sienna Lowe	FR	St. John Fis	9.34m
---	Marisa Mazzacco	JR	Suny Geneseo	FOUL
---	Kira Davidson	SR	Fredonia	FOUL
---	Allie Wojciechowski	SR	Brockport	FOUL
---	Anna Johnson	JR	Rochester	FOUL
---	Isabelle Briggs	SO	Suny Geneseo	FOUL

Women Shot Put

	Name	Yr	School	Finals
Finals				
1	Aimee Oszer	JR	Rochester	13.06m
2	Trinity Dees	SR	Brockport	12.71m
3	Christella Leukeu	FR	RIT	12.66m
4	Payton Mehalick	SR	Suny Geneseo	12.36m
5	Lauren Jaklitsch	SR	Suny Geneseo	12.31m
6	Erin McGuinness	SR	St. John Fis	12.27m

7	Madison Vargas	JR	Rochester	12.18m
8	Tarryn Herman	SR	Oneonta	12.09m
8	Mackenzie Lawrence	SO	Oneonta	12.09m
10	Nyla Wilson-Epps	FR	Buffalo Stat	11.42m
11	Jadyn Mullen	JR	Roberts Wesl	11.30m
12	Olivia Meisner	FR	Mansfield	11.15m
13	Nora Tighe	FR	RIT	10.98m
14	Minyhah Easterling	SO	Mansfield	10.97m
15	Miley Cunningham	FR	Suny Geneseo	10.84m
16	Emily Rolince	JR	Nazareth	10.69m
17	Brianna Cinamon	FR	Oneonta	10.36m
18	Rhian Crowley	JR	Brockport	10.34m
18	Bella Rivera	SO	Brockport	10.34m
20	Sophia Mitreski	JR	Oneonta	10.26m
21	Marianna Justiniano	FR	Nazareth	10.08m
22	Caelyn Eiser	FR	St. John Fis	10.01m
23	Casey Fetzner	FR	Fredonia	9.93m
24	Lily Plaia	SO	Oneonta	9.89m
25	Ashley Tubbs	JR	Suny Geneseo	9.87m
26	Madison Kirkpatrick	JR	Brockport	9.83m
27	Savana Henry	SO	Brockport	9.70m
28	McKenna Uhl	FR	Brockport	9.62m
29	Ava Wierda	FR	Roberts Wesl	9.34m
30	Hailee Garcia	SO	St. John Fis	9.26m
31	Caitlin Keating	SR	St. John Fis	9.21m
32	Sierra Eddinger	SO	St. John Fis	9.16m
33	Iliana Graves	FR	Buffalo Stat	9.07m
34	Grace McInerney	SO	Rochester	8.94m
35	Cassidy Romano	JR	Rochester	8.79m
36	Mckenzie Zafuto	FR	Suny Geneseo	8.55m
37	Hannah Mandell	FR	RIT	8.53m
38	Julie Durham	SO	Rochester	8.27m
39	Jacqueline Williams	JR	St. John Fis	8.17m
40	Ariana Ruschmann	FR	Fredonia	7.19m
41	Jacey Hinds	JR	Oneonta	6.99m
42	Chelsie Odenbach	FR	Fredonia	5.32m

Women Weight Throw

	Name	Yr	School	Finals
Finals				
1	Lauren Jaklitsch	SR	Suny Geneseo	17.13m
2	Nyla Wilson-Epps	FR	Buffalo Stat	15.48m
3	Madison Vargas	JR	Rochester	14.58m
4	Tarryn Herman	SR	Oneonta	14.57m
5	Mckenzie Zafuto	FR	Suny Geneseo	14.56m
6	Jazelle McIntyre	SR	St. John Fis	14.36m
7	Christina Valicenti	SR	St. John Fis	14.35m
8	Nora Tighe	FR	RIT	14.33m
9	Payton Mehalick	SR	Suny Geneseo	14.18m
10	Ava Wierda	FR	Roberts Wesl	14.00m
11	Trinity Dees	SR	Brockport	13.96m
12	Rhian Crowley	JR	Brockport	13.72m
13	Mackenzie Lawrence	SO	Oneonta	13.68m
14	Anna Steed	SR	St. John Fis	13.66m
15	Ashley Tubbs	JR	Suny Geneseo	13.57m
16	Autumn Bernava	JR	RIT	13.06m
17	Christella Leukeu	FR	RIT	12.81m

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Results

Finals ... (Women Weight Throw)

	Name	Yr	School	Finals
18	Aimee Oszer	JR	Rochester	12.75m
19	McKenna Uhl	FR	Brockport	12.71m
20	Hailee Garcia	SO	St. John Fis	12.60m
21	Bella Rivera	SO	Brockport	12.17m
22	Lily Plaia	SO	Oneonta	12.03m
23	Miley Cunningham	FR	Suny Geneseo	11.88m
24	Iliana Graves	FR	Buffalo Stat	11.43m
25	Madison Kirkpatrick	JR	Brockport	11.41m
26	Savana Henry	SO	Brockport	11.37m
27	Emily Rolince	JR	Nazareth	11.26m
27	Marianna Justiniano	FR	Nazareth	11.26m
29	Minyhah Easterling	SO	Mansfield	10.93m
30	Sophia Mitreski	JR	Oneonta	10.61m
31	Lauren Shaler	JR	Le Moyne	10.24m
32	Sierra Eddinger	SO	St. John Fis	10.22m
33	Cassidy Romano	JR	Rochester	10.20m
34	Ariana Ruschmann	FR	Fredonia	9.88m
35	Casey Fetzner	FR	Fredonia	9.74m
36	Olivia Meisner	FR	Mansfield	9.68m
37	Brianna Cinamon	FR	Oneonta	9.60m
38	Chelsea Dennison	SR	Le Moyne	9.45m
39	Chelsie Odenbach	FR	Fredonia	7.49m
40	Laura Ryan	FR	Le Moyne	7.27m
41	Blaze Wood	SR	Mansfield	7.00m

Men 60 Meter Dash

	Name	Yr	School	Prelims
Preliminaries				
1	Cahsid Raymond	SR	Mansfield	6.94q
2	Jordan Lockett	JR	Fredonia	7.01q
3	Barack Abdallah	FR	Rochester	7.06q
4	Terrell Price	SO	Buffalo Stat	7.11q
5	Aadit Jain	SR	Rochester	7.16q
6	Jonathan Jacobs	SR	RIT	7.19q
7	Jack Defeo	JR	RIT	7.21q
8	Evan Thayer	JR	Brockport	7.24q
9	Jaubert Black	FR	Rochester	7.24
10	Jesse Sweet	FR	Brockport	7.24
11	Elijah Burnley	FR	St. John Fis	7.25
12	Will Stiska	SO	Rochester	7.28
13	Andrew Shupe	FR	Le Moyne	7.29
14	Ron Szpylman	SO	Fredonia	7.29
15	Evan Bryant	JR	Rochester	7.30
16	Brock Young	SR	St. John Fis	7.30
17	Bryce Roberts	SO	Brockport	7.31
18	Jeremy Chen	SR	Brockport	7.31
19	Dorrian McCargo	FR	Mansfield	7.32
20	Christopher Moser	JR	Le Moyne	7.32
21	Cameron Krein	FR	RIT	7.32
22	Diego De Los Santos	JR	Rochester	7.33
23	Mark Cappellino	JR	Oneonta	7.34
24	Greg Palma	SO	Rochester	7.34
25	Ingram Burnett	FR	Brockport	7.34
26	Ashton Tokarski	JR	Rochester	7.37
27	Owen Hatungimana	SO	Rochester	7.37

28	Tucker Haluszczak	JR	RIT	7.38
29	Jacob Prentice	FR	Oneonta	7.38
30	Judson Delany	SR	Brockport	7.39
31	Malakye Moss	FR	Brockport	7.42
32	Jalil Coppedge	SO	Buffalo Stat	7.42
33	Colin Bresnihan	SO	Oneonta	7.42
34	Shiloh Cornel	SO	Buffalo Stat	7.45
35	Amir Mceachin	FR	Oneonta	7.45
36	Griffin Killian	JR	Nazareth	7.46
37	Christopher Lopez	SO	St. John Fis	7.47
38	Tyler Judd	FR	Brockport	7.49
39	Nick Darrigo	SR	Oneonta	7.49
40	Trevor Whitney	SO	Rochester	7.49
41	Jerry Holmes	SO	Mansfield	7.51
42	Jorge Hasbun	SO	Brockport	7.53
43	Max Freeman	FR	Rochester	7.53
44	Christopher Cordero	FR	Oneonta	7.55
45	John Contrera	FR	Le Moyne	7.56
46	Carter DeRosa	SO	Le Moyne	7.63
47	Brady Do	FR	Nazareth	7.66
48	Nathan Pawlik	SO	Brockport	7.68
49	Kerel Cooper	SO	St. John Fis	7.69
50	Scott Heaslip	SO	Oneonta	7.70
51	Carlo Cipolla	FR	St. John Fis	7.71
52	Yrayra Kasili	FR	Mansfield	7.73
53	Alex Martin	FR	Brockport	7.79
54	London Premo	FR	St. John Fis	7.80
55	Joseph Frye	FR	Mansfield	7.81
56	Jonathan Abraham	FR	Brockport	7.85
57	Antonio Green	SO	Mansfield	7.88
58	Theo Mueller	FR	Rochester	7.94
59	Demarion Benton	SO	Fredonia	7.96
60	Tyler Liebold	SO	St. John Fis	8.01
61	Joshua Culver	SO	Mansfield	8.04
62	Ethan Giles	SO	St. John Fis	8.07
---	Nicholas Lusardi	JR	RIT	FS

Men 60 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Cahsid Raymond	SR	Mansfield	6.93
2	Barack Abdallah	FR	Rochester	6.99
3	Jordan Lockett	JR	Fredonia	7.01
4	Terrell Price	SO	Buffalo Stat	7.06
5	Evan Thayer	JR	Brockport	7.26
6	Jonathan Jacobs	SR	RIT	7.27

Men 200 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Corinthian Reed	SO	St. John Fis	22.62
2	Jordan Lockett	JR	Fredonia	22.76
3	Michael Durski	SR	Brockport	22.87
4	Kejhaune Lester	JR	Oneonta	23.05
5	Talon Rowland	SO	Fredonia	23.08
6	Jack Defeo	JR	RIT	23.09
7	Christopher Moser	JR	Le Moyne	23.24

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Finals ... (Men 200 Meter Dash)

	Name	Yr	School	Finals
8	D'Antonio Lawrence	SO	Buffalo Stat	23.24
9	Owen Mulholland	FR	Le Moyne	23.26
10	Elijah Burnley	FR	St. John Fis	23.27
11	Tucker Haluszczak	JR	RIT	23.28
12	Andrew Gulde	FR	Le Moyne	23.34
13	Skylar Gravell	JR	Le Moyne	23.36
14	Michael Prentice	SO	St. John Fis	23.37
15	Amir Mceachin	FR	Oneonta	23.42
16	Brighton Lumia	FR	Rochester	23.45
17	Nicholas Lusardi	JR	RIT	23.46
18	Trevor Whitney	SO	Rochester	23.50
19	Nathaniel Kraft	SO	RIT	23.54
20	Brock Young	SR	St. John Fis	23.58
21	Jacob Prentice	FR	Oneonta	23.74
22	Cameron Krein	FR	RIT	23.76
23	Owen Hatungimana	SO	Rochester	23.80
24	Jordan Johnson	SR	Le Moyne	23.85
25	Will Stiska	SO	Rochester	23.91
26	Nick Darrigo	SR	Oneonta	23.93
27	Colin Bresnihan	SO	Oneonta	23.96
28	Jesse Sweet	FR	Brockport	23.98
29	Max Freeman	FR	Rochester	24.00
30	Maltrin Ramadani	SO	Le Moyne	24.11
31	Christopher Lopez	SO	St. John Fis	24.28
32	Jeremy Barnwell	SO	St. John Fis	24.31
32	Andrew Shupe	FR	Le Moyne	24.31
34	Christopher Cordero	FR	Oneonta	24.36
35	Jamar Matthew	JR	Oneonta	24.43
36	Ingram Burnett	FR	Brockport	24.47
37	John Contrera	FR	Le Moyne	24.57
38	Dominic Bill	FR	Mansfield	24.65
39	Julius Arias	SO	Buffalo Stat	24.74
40	Ivan Wolf-Mialky	FR	Rochester	24.75
41	Eric Antonecchia	SR	RIT	24.83
42	Kerel Cooper	SO	St. John Fis	24.84
43	Ja'Marcus Lucas	FR	Buffalo Stat	24.85
44	Jackson Sergeant	SR	Oneonta	24.98
45	Quinn Grover	SO	Buffalo Stat	25.03
46	Joseph Frye	FR	Mansfield	25.12
47	Yrayra Kasili	FR	Mansfield	25.32
48	Owen Alexander	FR	Rochester	25.38
49	Brady Do	FR	Nazareth	25.40
50	Gabriel Decker	FR	Le Moyne	25.42
51	Ryan Perry	SO	Fredonia	25.51
52	Scott Heaslip	SO	Oneonta	25.66
53	Jonathan Abraham	FR	Brockport	25.96
54	Antonio Green	SO	Mansfield	26.56
55	Tyler Liebold	SO	St. John Fis	26.92
56	Ethan Giles	SO	St. John Fis	28.24

Men 300 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Jack Defeo	JR	RIT	35.24
2	Evan Bryant	JR	Rochester	36.85

3	Cole Ferris	JR	Brockport	36.93
4	Quillan Shimp	JR	Rochester	37.31
5	Cameron Sample	SR	Fredonia	37.37
6	Tyler Bernstein	FR	Rochester	37.90
7	Logan Abate	JR	Buffalo Stat	38.05
8	Pius Adomako	SR	Mansfield	38.54
9	Mark Cappellino	JR	Oneonta	38.64
10	Ibrahim Sheriff	SR	Mansfield	38.96
11	Alex Wiseman	SO	RIT	39.02
12	Jackson Burton	SO	Suny Geneseo	39.44
13	Dorrian McCargo	FR	Mansfield	39.93
14	Michael Rambali	SO	Buffalo Stat	41.48
---	Jacob Constantino	SO	Fredonia	DNF

Men 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	John Elliot	SO	RIT	50.56
2	Corinthian Reed	SO	St. John Fis	50.89
3	Nick Driver	FR	Nazareth	51.43
4	Michael Puglisi	SR	Nazareth	51.49
5	Skylar Gravell	JR	Le Moyne	51.54
6	Andrew Gulde	FR	Le Moyne	51.77
7	Brendan McCollum	SR	Rochester	51.80
7	Owen Mulholland	FR	Le Moyne	51.80
9	Justin Berkowitz	SO	Oneonta	51.99
10	Cameron Spears	SR	Oneonta	52.03
11	Michael Prentice	SO	St. John Fis	52.08
12	Pablo Ortiz	FR	Buffalo Stat	52.32
13	Owen Bernstein	FR	Rochester	52.41
14	Aidan VanAmburg	JR	Fredonia	52.49
15	Micah Cornfield	JR	Roberts Wesl	52.79
16	Mason Wagner	FR	St. John Fis	52.82
17	Edward Jourden	SO	Fredonia	53.08
18	Jack Bunaes	FR	Rochester	53.10
19	Gabriel Decker	FR	Le Moyne	53.26
20	Judson Delany	SR	Brockport	53.26
21	Emerson Gatesman	SO	RIT	53.59
22	Henry Hasselbacher	FR	Rochester	53.60
23	Jordan Johnson	SR	Le Moyne	53.62
24	Landon Wertz	SO	St. John Fis	53.65
25	Derek Grimshaw	JR	Brockport	53.78
26	Brandt Marshall	SO	Brockport	53.79
27	Maltrin Ramadani	SO	Le Moyne	53.81
28	Evan Laurenzo	FR	Nazareth	53.90
29	Colin Gerbsch	JR	Oneonta	54.05
30	Jack Healy	JR	Nazareth	54.06
31	Nicholas Petro	FR	Oneonta	54.14
32	Garrett Ryan	FR	Oneonta	54.49
33	Ja'Marcus Lucas	FR	Buffalo Stat	54.87
34	Nick Puma	FR	Brockport	55.23
35	Shiloh Cornel	SO	Buffalo Stat	55.24
36	Hammad Malik	JR	Brockport	55.55
37	Jeremy Barnwell	SO	St. John Fis	55.60
38	Alexander Shea	FR	St. John Fis	55.87
39	Wyatt Decker	FR	St. John Fis	55.94
40	Jamar Matthew	JR	Oneonta	56.27

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Results

Finals ... (Men 400 Meter Dash)

	Name	Yr	School	Finals
41	Ben Brewer	FR	Nazareth	56.46
42	Connor Stanton	SO	St. John Fis	56.56
43	Nic Mattison	FR	Mansfield	56.58
44	Kerel Cooper	SO	St. John Fis	56.77
45	Connor Levy	FR	St. John Fis	57.05
46	Sean Moser	FR	Fredonia	57.62
47	Harrison Barrett	FR	Buffalo Stat	60.17
48	Dante Ruia	FR	St. John Fis	69.29

Men 800 Meter Run

	Name	Yr	School	Finals
Finals				
1	Dawson Wadsworth	JR	Suny Geneseo	1:55.82
2	Andrew Donner	SO	Suny Geneseo	1:58.32
3	Jace Stuart	JR	St. John Fis	1:58.41
4	Josh Bedford	SR	RIT	1:59.16
5	Thomas Canestrari	SO	Brockport	1:59.27
6	Brayden Mahoney	FR	Brockport	2:00.76
7	Frank Calhoun	SO	Brockport	2:00.80
8	Colin Fletcher-Foster	FR	Brockport	2:03.23
9	Hunter Shanahan	FR	Brockport	2:03.48
10	Ayden Grinion	SR	Brockport	2:03.82
11	Trevor Kuhlman	FR	Rochester	2:03.82
12	Daniel Pagan	SO	Suny Geneseo	2:04.01
13	Matthew Strasser	SO	Brockport	2:04.27
14	Michael Purvis	JR	Le Moyne	2:04.89
15	Brendan O'Rourke	SO	Le Moyne	2:04.93
16	Brian Cappellini	SO	Brockport	2:05.15
17	Jonathan McGwyne-Danti	SO	Oneonta	2:05.38
18	Roman Smith	FR	Roberts Wesl	2:07.15
19	Dillan Holzwarth	FR	Le Moyne	2:07.37
20	Michael Daley	SO	Le Moyne	2:07.52
21	Boston Dues	SO	Roberts Wesl	2:07.79
22	Adam Johnson	SO	Suny Geneseo	2:09.29
23	Lucas Tartanella	SO	RIT	2:09.30
24	Cassidy Gilmore	SR	Brockport	2:10.23
25	Bryson Jones	FR	Brockport	2:12.05
26	Juvenal Diaz-Cortes	SO	Roberts Wesl	2:12.94
27	Diego Arellano Jasso	SO	Roberts Wesl	2:13.39
28	Andrew O'Dell	SO	Roberts Wesl	2:14.26
29	Joseph Massett	FR	Brockport	2:14.31
30	Nolan Lyon	SO	Buffalo Stat	2:14.48
31	Joseph Pecoraro	SR	Le Moyne	2:14.92
32	Ethan Kidwell	FR	Brockport	2:16.99
33	Jacob Makhlof	JR	Le Moyne	2:17.18
34	Tyshawn Rowland	FR	Buffalo Stat	2:18.59

Men 1000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Ryan Hagan	JR	Suny Geneseo	2:27.34
2	Ian Zehnder	FR	Suny Geneseo	2:35.62
3	Jackson Doran	SR	Roberts Wesl	2:38.01
4	Gavin McAllister	SR	Nazareth	2:39.87
5	Connor Couperus	JR	Brockport	2:40.09

6	Cam Almy	SR	Nazareth	2:41.11
7	Kaedan Leonidas	FR	Nazareth	2:42.27
8	Matt Califf	SO	RIT	2:44.17
9	Aiden McDonald	SO	Roberts Wesl	2:45.29
10	Dominic Petrera	FR	Brockport	2:45.97
11	Edward Jourden	SO	Fredonia	2:48.30
12	Alex Deal	FR	Brockport	2:48.34
13	Patrick Allen	SR	Brockport	2:48.65
14	Brennan Farr	JR	Nazareth	2:49.06
15	Branden McColm	JR	RIT	2:49.09
16	Thuan Nguyen	SO	Nazareth	2:49.63
17	Hayden Allington	SR	Brockport	2:50.71
18	Ben Brown	FR	Roberts Wesl	2:51.75
19	Kevin Moser	SO	Fredonia	2:52.59
20	Kaden Worthley	FR	Fredonia	2:53.58
21	Grady Engelbert	FR	Nazareth	2:54.83
22	Lucas Peterson-Volz	SO	Fredonia	2:56.09
23	Tyler Klawon	FR	Roberts Wesl	2:56.29
24	Christian Schuler	FR	Nazareth	2:56.45
25	Dominic Davis	FR	RIT	2:57.39
26	Evan Cornwell	JR	Brockport	2:57.69
27	Isaac Austin	FR	Brockport	2:57.77
28	Sean Moser	FR	Fredonia	2:58.09
29	Pablo Ortiz	FR	Buffalo Stat	2:59.12
30	Josiah Rodriguez	FR	Roberts Wesl	2:59.50
31	Michael Naylor	FR	Nazareth	2:59.82
32	Kyle Havens	JR	Roberts Wesl	3:01.73
33	Xavier Hernandez	SR	Roberts Wesl	3:02.87
34	Wil Bainbridge	SR	Brockport	3:07.17
35	Yousef Mahamoud	SO	Nazareth	3:11.01
36	Alastair Sweeney	SR	Fredonia	3:25.75

Men 1 Mile Run

	Name	Yr	School	Finals
Finals				
1	Liam Sakakeeny	SO	Rochester	4:26.40
2	Matt Califf	SO	RIT	4:27.80
3	Luca Strangis	FR	RIT	4:27.88
4	Branden McColm	JR	RIT	4:28.86
5	Aidan Mayer	JR	Brockport	4:29.53
6	Trevor Heitkamp	SO	Roberts Wesl	4:29.65
7	Brandon Blandino	SO	RIT	4:30.27
8	Jacob Bernd	SO	Rochester	4:30.34
9	Sebastian Montalvo	JR	RIT	4:30.41
10	Austin Skeete	FR	Rochester	4:30.71
11	Howie Vargas	JR	Brockport	4:30.97
12	Joe Berry	SO	Rochester	4:31.21
13	Kaedan Leonidas	FR	Nazareth	4:32.55
14	Benicio Benzan	SO	RIT	4:33.04
15	Vincent Ciralo	JR	Roberts Wesl	4:33.55
16	Jakob Zibbel	SO	Roberts Wesl	4:33.95
17	Nolan Goldthwaite	SR	Rochester	4:34.95
18	Gus Smith	JR	Rochester	4:36.32
19	Samuel Adamson	JR	RIT	4:36.38
20	JJ Montemaro	SR	Brockport	4:36.75
21	William Eskenas	JR	Rochester	4:37.47
22	Tyler Grossman	SO	Brockport	4:39.15

RIT January Friday Meet - 1/23/2026**Results****Finals ... (Men 1 Mile Run)**

	Name	Yr	School	Finals
23	Anson Butler	SR	Suny Geneseo	4:39.35
24	Sam Faga	SO	Brockport	4:40.03
25	Sam Cohen	SO	Rochester	4:40.35
26	Anthony Cardoso	FR	Rochester	4:40.97
27	Sidney Morris	JR	Buffalo Stat	4:40.97
28	Caleb Belanger	JR	Brockport	4:40.98
29	Charlie Matzke	SO	Roberts Wesl	4:41.60
30	Brady Ruediger	SO	Brockport	4:41.78
31	Cody Harloff	JR	Brockport	4:42.29
32	Stephen Hallberg	SO	Fredonia	4:42.44
33	Noah Shedden	JR	Mansfield	4:42.88
34	Kyle DeRomanis	SO	Brockport	4:42.95
35	Thuan Nguyen	SO	Nazareth	4:43.52
36	Will Straub	FR	Rochester	4:44.07
37	Caleb Price	SO	Roberts Wesl	4:44.19
38	Grady Engelbert	FR	Nazareth	4:44.96
39	Brennan Farr	JR	Nazareth	4:45.71
40	Braden Fears	FR	Roberts Wesl	4:46.61
41	Chris Cammisa	SR	Brockport	4:47.38
42	Kyle Lovenguth	SO	Brockport	4:47.52
43	Emmett Bachmann	FR	Le Moyne	4:48.09
44	Jesse Rinzel	JR	Rochester	4:48.69
45	Luke Triplet	FR	Buffalo Stat	4:49.57
46	Ryan Tezak	SO	Brockport	4:49.66
47	Eduardo Salinas	FR	Brockport	4:50.65
48	Kevin Moser	SO	Fredonia	4:51.01
49	Josh Mayer	SO	Buffalo Stat	4:52.29
50	Ian Kruger	FR	Buffalo Stat	4:52.98
51	Michael Naylor	FR	Nazareth	4:53.77
52	Nicholas Koch	SO	Brockport	4:55.20
53	Andy Flores-Cadiz	FR	Buffalo Stat	4:55.23
54	Christian Schuler	FR	Nazareth	4:57.21
55	Kaden Worthley	FR	Fredonia	4:57.83
56	Jake Roman	SR	Le Moyne	4:57.99
57	Owen Tarolli	SO	Roberts Wesl	4:58.27
58	Aidan Mann	FR	Oneonta	5:00.14
59	Rylan Ebner	JR	Mansfield	5:00.43
60	Nathan Demarest	SO	Roberts Wesl	5:01.52
61	Henry Walsh	SO	Buffalo Stat	5:02.59
62	Tiernan Brady	SO	Brockport	5:02.86
63	Russell Mulley	JR	Roberts Wesl	5:03.05
64	Haiden Forster	FR	Brockport	5:05.09
65	Joesph Bonanno	FR	Brockport	5:08.68
66	Jalin Clark	FR	Buffalo Stat	5:11.16
67	Greysen Kupsky	SO	Mansfield	5:11.48
68	Lucas Peterson-Volz	SO	Fredonia	5:13.11
69	Hunter Himebaugh	SO	Roberts Wesl	5:13.35
70	Theodore Dangler	FR	Brockport	5:30.11
71	Yousef Mahamoud	SO	Nazareth	5:33.03
---	Jacob Guelli	FR	Brockport	DNF
---	Owen Arbocus	JR	Brockport	DNF

Men 3000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Michael Burns	SR	Oneonta	8:55.33
2	Matthew Monnes	FR	RIT	9:10.26
3	Spencer Buff	SO	RIT	9:10.66
4	Carson Campbell	SO	Le Moyne	9:14.51
5	Benjamin Betrus	SO	Brockport	9:19.51
6	Noah Shedden	JR	Mansfield	9:20.87
7	Rylan Powell	FR	Nazareth	9:21.99
8	Stephen Hallberg	SO	Fredonia	9:23.57
9	Alejandro Roberts	SO	Brockport	9:24.84
10	Noah Pickard	JR	Oneonta	9:26.04
11	Derick Koen	SR	RIT	9:27.01
12	Nathan Merlo	SO	RIT	9:31.24
13	Ethan Stauffer	FR	Brockport	9:31.59
14	Steven McChesney	JR	RIT	9:32.98
15	Alexander Kunz	FR	Oneonta	9:35.85
16	Alex Wheeler	FR	Oneonta	9:44.81
17	Lucas Berg	JR	Oneonta	9:51.04
18	Logan Iversen	SO	Brockport	9:51.18
19	Jeffrey Gibbs	SR	RIT	9:53.12
20	Tyler Masiello	FR	Oneonta	9:57.47
21	Vincent DiStefano	FR	Oneonta	9:58.40
22	Connor Jackson	SR	Nazareth	10:00.48
23	Ethan Morales	SR	St. John Fis	10:07.79
24	Derek Simpson	SR	Mansfield	10:09.45
25	Rylan Ebner	JR	Mansfield	10:11.42
26	Patrick Leahy	SO	Oneonta	10:25.14
27	Alec Forth	FR	St. John Fis	10:30.22
28	Greysen Kupsky	SO	Mansfield	10:30.25
29	Michael Hudson	FR	St. John Fis	10:56.12

Men 60 Meter Hurdles

	Name	Yr	School	Prelims
Preliminaries				
1	Will Hawken	FR	Suny Geneseo	8.51Q
2	Trystan Biller	SO	St. John Fis	8.58Q
3	Elijah VanHoover	JR	Rochester	8.74Q
4	Julius Arias	SO	Buffalo Stat	8.80Q
5	Dominic Davis	FR	RIT	8.67q
6	Eric Antonecchia	SR	RIT	8.81q
7	Aaron Lund	SR	Nazareth	8.94q
8	Jaubert Black	FR	Rochester	9.02q
9	Jack Pomykaj	SR	Nazareth	9.03
10	Quillan Shimp	JR	Rochester	9.04
11	Jackson Sergeant	SR	Oneonta	9.05
12	Owen Alexander	FR	Rochester	9.06
13	Nolan Lyon	SO	Buffalo Stat	9.10
14	Jasiah Cole	SO	Buffalo Stat	9.12
15	Mason Wagner	FR	St. John Fis	9.19
16	Carlo Cipolla	FR	St. John Fis	9.21
17	Adam Johnson	SO	Suny Geneseo	9.23
18	Brant Nicholls	FR	Rochester	9.23
19	Justin Berkowitz	SO	Oneonta	9.37
20	Cole Henderson	SO	RIT	9.38

RIT January Friday Meet - 1/23/2026

Results

Preliminaries ... (Men 60 Meter Hurdles)

Name	Yr	School	Prelims
21 Tyler Judd	FR	Brockport	9.51
22 Mace Barnes	FR	Le Moyne	9.51
23 Gabe Giannini	SR	Brockport	9.61
24 Harrison Barrett	FR	Buffalo Stat	10.04
25 Jack Maness	SR	Rochester	10.39
26 Noah Schales	SO	Roberts Wesl	10.51
27 Emmett Hansen	SO	Rochester	11.48

Men 60 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Trystan Biller	SO	St. John Fis	8.47
2 Will Hawken	FR	Suny Geneseo	8.47
3 Elijah VanHoover	JR	Rochester	8.63
4 Eric Antonecchia	SR	RIT	8.76
5 Jaubert Black	FR	Rochester	8.99
6 Aaron Lund	SR	Nazareth	9.02
--- Julius Arias	SO	Buffalo Stat	FS

Men 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Rochester	A	1:31.77
1) Barack Abdallah FR	2) Greg Palma SO	
3) Elijah VanHoover JR	4) Evan Bryant JR	
2 Oneonta	A	1:33.40
1) Amir Mceachin FR	2) Cameron Spears SR	
3) Kejhaune Lester JR	4) Joshua Jerome SR	
3 Mansfield	A	1:34.15
1) Marcus Quaker SO	2) Dorrian McCargo FR	
3) Jerry Holmes SO	4) Cahsid Raymond SR	
4 Le Moyne	A	1:34.41
1) Robert Taddeo SO	2) Christopher Moser JR	
3) Skylar Gravell JR	4) Andrew Gulde FR	
5 Rit	A	1:34.78
1) John Elliot SO	2) Emerson Gatesman SO	
3) Josh Bedford SR	4) Trevor Krukin SO	
6 Fredonia	A	1:35.49
1) Ron Szpylman SO	2) Ryan Perry SO	
3) Demarion Benton SO	4) Noah Snyder FR	
7 Oneonta	B	x1:35.61
1) Jacob Prentice FR	2) Colin Bresnihan SO	
3) Justin Berkowitz SO	4) Nick Darrigo SR	
8 Le Moyne	B	x1:37.75
1) Owen Mulholland FR	2) Gabriel Decker FR	
3) John Contrera FR	4) Joseph Pecoraro SR	
9 Oneonta	C	x1:38.33
1) Mark Cappellino JR	2) Christopher Cordero FR	
3) Gabriel Schoonmaker SO	4) Jackson Sergeant SR	
10 Le Moyne	C	x1:38.96
1) Mace Barnes FR	2) Trevon Walker JR	
3) Demetrius Wells FR	4) Carter DeRosa SO	
--- Rochester	B	DNF
1) Jaubert Black FR	2) Trevor Whitney SO	
3) Diego De Los Santos JR	4) Ray Watkins FR	

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Rochester	A	3:35.09
1) Jack Bunaes FR	2) Brighton Lumia FR	
3) Jacob Bernd SO	4) Brendan McCollum SR	
2 Buffalo State	A	3:37.46
1) Sidney Morris JR	2) Luke Triplet FR	
3) Andy Flores-Cadiz FR	4) Jalin Clark FR	
3 Nazareth	A	3:38.27
1) Aaron Lund SR	2) Gavin McAllister SR	
3) Ben Brewer FR	4) Michael Puglisi SR	
4 Nazareth	B	x3:38.49
1) Jack Pomykaj SR	2) Jack Healy JR	
3) Evan Lorenzo FR	4) Nick Driver FR	
5 Rochester	B	x3:40.41
1) Tyler Bernstein FR	2) Ivan Wolf-Mialky FR	
3) Liam Sakakeeny SO	4) Sam Cohen SO	
6 Oneonta	A	3:40.64
1) Colin Gerbsch JR	2) Jonathan McGwyne-Dantis S	
3) Garrett Ryan FR	4) Nicholas Petro FR	
7 Rochester	C	x3:43.96
1) Henry Hasselbacher FR	2) Anthony Cardoso FR	
3) Trevor Kuhlman FR	4) Joe Berry SO	
8 Le Moyne	A	3:44.01
1) Maltrin Ramadani SO	2) Jordan Johnson SR	
3) Michael Purvis JR	4) Brendan O'Rourke SO	
9 Brockport	B	x3:46.23
1) Nicholas Koch SO	2) Joesph Bonanno FR	
3) Sam Faga SO	4) Ethan Kidwell FR	
10 Le Moyne	B	x3:48.61
1) Carson Campbell SO	2) Jake Roman SR	
3) Dillan Holzwarth FR	4) Emmett Bachmann FR	
11 Brockport	C	x3:51.57
1) Theodore Dangler FR	2) Bryson Jones FR	
3) Joseph Massett FR	4) Ethan Stauffer FR	
12 Brockport	A	3:53.51
1) Patrick Allen SR	2) Chris Cammisa SR	
3) JJ Montemaro SR	4) Ryan Tezak SO	
13 Fredonia	B	x3:57.49
1) Kaden Worthley FR	2) Kevin Moser SO	
3) Lucas Peterson-Volz SO	4) Sean Moser FR	
14 Mansfield	A	3:58.34
1) Antonio Green SO	2) Pius Adomako SR	
3) Ibrahim Sheriff SR	4) Nic Mattison FR	
--- Fredonia	A	DNF
1) Aidan VanAmburg JR	2) Cameron Sample SR	
3) Edward Jourden SO	4) Jacob Constantino SO	

Men High Jump

Name	Yr	School	Finals
Finals			
1 Aadit Jain	SR	Rochester	1.93m
2 Cardin Chau	SO	Brockport	J1.93m
3 Bradley Baybutt	SR	RIT	1.88m
3 Cooper Bradley	FR	RIT	1.88m

RIT January Friday Meet - 1/23/2026

Results

Finals ... (Men High Jump)

	Name	Yr	School	Finals
5	Marcus Quaker	SO	Mansfield	J1.88m
6	Erich Brown	JR	RIT	1.83m
7	Pius Adomako	SR	Mansfield	1.78m
7	Jake Galley	SO	Brockport	1.78m
7	Dylan Rose	SO	St. John Fis	1.78m
7	Ray Watkins	FR	Rochester	1.78m
7	Cory Jarvis	JR	Suny Geneseo	1.78m
12	Jack Valentine	SO	Brockport	J1.78m
13	Paul Busby	FR	RIT	J1.78m
13	Nicholas Galasso	SO	RIT	J1.78m
15	Nasir Lanier	FR	St. John Fis	J1.78m
15	Jack Galley	SO	Brockport	J1.78m
17	Jayden Tsoi	JR	Oneonta	J1.78m
18	Trevor Krukin	SO	RIT	1.73m
18	Theo Mueller	FR	Rochester	1.73m
20	Jack Pomykaj	SR	Nazareth	J1.73m
21	Dillon Murphy	SR	Brockport	J1.73m
21	Dominic Davis	FR	RIT	J1.73m
23	Brendan Hall	SO	St. John Fis	J1.73m
23	Henry Anderson	FR	Brockport	J1.73m
25	Aaron Lund	SR	Nazareth	1.68m
25	Daniel Pagan	SO	Suny Geneseo	1.68m
27	Emmett Hansen	SO	Rochester	J1.68m
28	Jackson Sergeant	SR	Oneonta	1.63m
28	London Premo	FR	St. John Fis	1.63m
30	Harrison Barrett	FR	Buffalo Stat	J1.63m
---	Tate Finger	JR	Rochester	NH
---	Alastair Sweeney	SR	Fredonia	NH
---	Jack Maness	SR	Rochester	NH

Men Pole Vault

	Name	Yr	School	Finals
Finals				
1	Austin Melvin	SO	Roberts Wesl	5.27m
2	Hayden Penna	JR	St. John Fis	4.75m
3	Tarron Metz	FR	Roberts Wesl	4.60m
4	Noah Leathersich	FR	Roberts Wesl	J4.60m
5	Oren Welch	SO	St. John Fis	4.45m
6	Chase McFadden	SO	Roberts Wesl	J4.45m
6	Michael Murray	FR	RIT	J4.45m
8	Luke Martinez	FR	Roberts Wesl	J4.45m
9	Ryan Swenson	JR	RIT	4.30m
10	Diego Arellano Jasso	SO	Roberts Wesl	J4.30m
11	Chris Desiderio	SO	Suny Geneseo	4.15m
11	Brant Nicholls	FR	Rochester	4.15m
11	Jack Silvis	FR	RIT	4.15m
11	Will D'Agata	SO	Nazareth	4.15m
15	Cyrus Comfort	JR	RIT	J4.15m
16	Jacob Futch	SO	Fredonia	J4.15m
17	Luke Collison	FR	RIT	4.00m
17	Noah Koeng	SR	RIT	4.00m
17	Emmett Hansen	SO	Rochester	4.00m
17	Jack Maness	SR	Rochester	4.00m
17	Nolan Armitage	SO	Nazareth	4.00m
22	Owen Johnson	FR	Roberts Wesl	J4.00m

23	Andrew Rohde	SO	RIT	J4.00m
23	Evan Laurenzo	FR	Nazareth	J4.00m
25	Kendry Rodriguez	FR	Suny Geneseo	3.85m
26	Noah Snyder	FR	Fredonia	3.70m
---	Jack DiLiberto	SR	Brockport	NH
---	Tristen Schwertfeger	FR	Brockport	NH
---	Tyler Judd	FR	Brockport	NH
---	William Cooper	FR	Brockport	NH
---	Alan Gray	FR	Brockport	NH
---	Khyre Inman	SO	Mansfield	NH
---	Mason Wandtke	JR	Brockport	NH
---	Loudon Krumbiegel	SO	Oneonta	NH
---	Dylan Buckingham	FR	Nazareth	NH
---	Quillan Shimp	JR	Rochester	NH
---	Trey Feirman	JR	Suny Geneseo	NH
---	Gabe Giannini	SR	Brockport	NH

Men Long Jump

	Name	Yr	School	Finals
Finals				
1	Trevon Walker	JR	Le Moyne	6.91m
2	Gabe Giannini	SR	Brockport	6.90m
3	Joshua Jerome	SR	Oneonta	6.77m
4	Ashton Tokarski	JR	Rochester	6.66m
4	Reward Mulauzi	JR	Rochester	6.66m
6	Collin Dicks	SO	Brockport	6.60m
7	Aden Memoli	FR	RIT	6.44m
8	Dominic Bill	FR	Mansfield	6.39m
9	Gabriel Schoonmaker	SO	Oneonta	6.38m
10	Quinn Grover	SO	Buffalo Stat	6.36m
11	Will Hawken	FR	Suny Geneseo	6.35m
12	Logan Thompson	FR	Brockport	6.31m
12	Jackson Burton	SO	Suny Geneseo	6.31m
14	Jerry Holmes	SO	Mansfield	6.28m
15	Yrayra Kasili	FR	Mansfield	6.23m
16	Adam Reifsteck	SR	Nazareth	6.21m
16	Jayden Tsoi	JR	Oneonta	6.21m
18	Ray Watkins	FR	Rochester	6.20m
19	Jason Weng	SR	St. John Fis	6.18m
20	Jack Pomykaj	SR	Nazareth	6.15m
21	Bryce Roberts	SO	Brockport	6.14m
22	David Lang	SO	Suny Geneseo	6.11m
23	Griffin Killian	JR	Nazareth	6.10m
24	Aaron Lund	SR	Nazareth	6.06m
24	Cameron Rynders	SR	Brockport	6.06m
26	Adam Curtis	SO	Brockport	6.05m
27	London Premo	FR	St. John Fis	6.04m
28	Connor Trimber	FR	Mansfield	6.03m
29	D'Antonio Lawrence	SO	Buffalo Stat	6.02m
30	Marcus Quaker	SO	Mansfield	6.00m
31	Jackson Gloskey	SR	Suny Geneseo	5.99m
32	Brant Nicholls	FR	Rochester	5.98m
32	Joseph Frye	FR	Mansfield	5.98m
34	Thomas Pinkowski	JR	Oneonta	5.97m
35	David Argentieri	JR	St. John Fis	5.94m
36	Cole Henderson	SO	RIT	5.89m
37	Jasiah Cole	SO	Buffalo Stat	5.87m

RIT January Friday Meet - 1/23/2026**Results****Finals ... (Men Long Jump)**

	Name	Yr	School	Finals
37	Ryan Perry	SO	Fredonia	5.87m
39	Samuel Burns	SO	St. John Fis	5.86m
40	Kendry Rodriguez	FR	Suny Geneseo	5.84m
41	Kyle Kelsey	JR	Rochester	5.73m

Men Triple Jump

	Name	Yr	School	Finals
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Finals

1	Austin Lansey	SO	Rochester	13.72m
2	Matt Towns	FR	Suny Geneseo	13.44m
3	Kyle Kelsey	JR	Rochester	12.89m
4	Aden Memoli	FR	RIT	12.87m
5	Reward Mulauzi	JR	Rochester	12.78m
6	David Argentieri	JR	St. John Fis	12.72m
7	Carter DeRosa	SO	Le Moyne	12.71m
8	Christian Chance	SO	Buffalo Stat	12.70m
9	Adam Reifsteck	SR	Nazareth	12.60m
10	Herven Sanon	JR	Brockport	12.06m
11	Collin Dicks	SO	Brockport	11.94m
12	Evan Fullagar	FR	Brockport	11.89m
---	Nicholas Erickson	FR	St. John Fis	FOUL
---	Adam Curtis	SO	Brockport	FOUL
---	Demetrius Wells	FR	Le Moyne	FOUL
---	Cameron Rynders	SR	Brockport	FOUL
---	Connor Trimmer	FR	Mansfield	FOUL
---	Thomas Pinkowski	JR	Oneonta	FOUL
---	Joshua Culver	SO	Mansfield	FOUL

Men Shot Put

	Name	Yr	School	Finals
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Finals

1	Graeden Heichberger	SO	Nazareth	15.66m
2	Ethan Beer	JR	Rochester	14.76m
3	Calvin Cragle	FR	Mansfield	14.41m
4	Mitchell Ellsworth	JR	Brockport	14.31m
5	Allen Reome	SO	Brockport	14.19m
6	Ethan Mitrano	FR	Buffalo Stat	14.12m
7	Matthew Thompson	FR	Buffalo Stat	13.98m
8	Daniel Davis	SO	St. John Fis	13.97m
9	Hunter Richards	SO	Brockport	13.64m
10	Ray Trottier	JR	Suny Geneseo	13.58m
11	Bryan Honan	SO	Buffalo Stat	13.47m
12	Elijah Cruz	JR	Oneonta	13.42m
13	Adam Cuyler	SR	Le Moyne	13.32m
14	Dean Bartles	SR	RIT	13.02m
15	Chris Miller	JR	Suny Geneseo	12.87m
16	Joseph Main	SO	St. John Fis	12.84m
17	Jacob Blencowe	FR	Oneonta	12.76m
18	Eddie Bedient	SR	RIT	12.72m
19	Sawyer Eckberg	SR	Oneonta	12.70m
20	Justin Baldwin	SR	Oneonta	12.69m
21	Liam Stempien	SO	Brockport	12.45m
22	Owen Callahan	SO	Roberts Wesl	12.41m
23	Jayden Carroll	JR	Suny Geneseo	12.37m
24	Isaiyah Ali	SO	Brockport	12.20m

25	Joseph O'Connell	JR	Buffalo Stat	12.17m
26	Joshua Dolansky	SO	RIT	12.09m
27	Alex Hermann	FR	Rochester	12.05m
28	Noah Wilson	JR	RIT	11.90m
29	Donovan DuBard	FR	Buffalo Stat	11.85m
29	Diego Arellano Jasso	SO	Roberts Wesl	11.85m
31	Joey Biviano	FR	Mansfield	11.76m
32	Sean Elliott	FR	Rochester	11.64m
33	Ryan Friel	FR	Suny Geneseo	11.55m
34	Conner Jakubowicz	SO	Fredonia	11.54m
35	David Dobrowolski	JR	Nazareth	11.45m
36	Joey Curr	SR	St. John Fis	11.17m
37	Camdyn Honan	JR	Brockport	11.07m
38	Andrew Connolly	SO	St. John Fis	11.00m
39	Connor Vredenburgh	JR	Oneonta	10.99m
40	Bruno Werder	FR	Roberts Wesl	10.93m
41	Adam Depuy	FR	Suny Geneseo	10.87m
42	Jason Kinder	SO	Buffalo Stat	10.58m
43	Ethan Kaufman	FR	Rochester	10.56m
44	Logan Mullaney	FR	Oneonta	10.50m
45	Paul Hayes	JR	Suny Geneseo	10.19m
46	Gabe Milligan	FR	Fredonia	10.13m
47	Ashton Tokarski	JR	Rochester	10.01m
48	Kevin Taylor	SO	RIT	9.99m
49	Noah Schales	SO	Roberts Wesl	9.62m
50	Dominic Davis	FR	RIT	9.13m

Men Weight Throw

	Name	Yr	School	Finals
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Finals

1	Brandon Kaplan	SR	St. John Fis	18.82m
2	David Dobrowolski	JR	Nazareth	17.91m
3	Graeden Heichberger	SO	Nazareth	16.32m
4	Mitchell Ellsworth	JR	Brockport	16.19m
5	Ethan Mitrano	FR	Buffalo Stat	16.03m
6	Hunter Richards	SO	Brockport	15.76m
7	Sawyer Eckberg	SR	Oneonta	15.68m
8	Owen Callahan	SO	Roberts Wesl	15.47m
9	Bryan Honan	SO	Buffalo Stat	15.13m
9	Blake Reese	SO	St. John Fis	15.13m
11	Eddie Bedient	SR	RIT	14.99m
12	Elijah Cruz	JR	Oneonta	14.70m
13	Matthew Thompson	FR	Buffalo Stat	14.60m
14	Michael Zatlukal	SO	St. John Fis	14.54m
15	Chris Miller	JR	Suny Geneseo	14.41m
16	Armaan Butler	JR	Rochester	14.40m
17	Donovan DuBard	FR	Buffalo Stat	14.39m
18	Jayden Carroll	JR	Suny Geneseo	13.84m
19	Justin Baldwin	SR	Oneonta	13.66m
19	Adam Depuy	FR	Suny Geneseo	13.66m
21	Connor Vredenburgh	JR	Oneonta	13.57m
22	Dean Bartles	SR	RIT	13.33m
23	Gavin Grinnell	SR	St. John Fis	13.16m
24	William Miller	FR	Roberts Wesl	13.15m
25	Alex Hermann	FR	Rochester	13.06m
26	Liam Stempien	SO	Brockport	12.97m
26	Paul Hayes	JR	Suny Geneseo	12.97m

RIT January Friday Meet - 1/23/2026**Results****Finals ... (Men Weight Throw)**

	Name	Yr	School	Finals
28	Bryce Grove	SR	St. John Fis	12.94m
29	Jason Kinder	SO	Buffalo Stat	12.90m
30	Ethan LaClair	SR	Roberts Wesl	12.76m
31	Kyle Mullen	JR	Oneonta	12.67m
32	Brandon Keefe	SO	St. John Fis	12.66m
33	Ray Trotter	JR	Suny Geneseo	12.20m
34	Bruno Werder	FR	Roberts Wesl	12.19m
35	Mason Banks	JR	RIT	11.96m
36	Joseph O'Connell	JR	Buffalo Stat	11.77m
37	Allen Reome	SO	Brockport	11.74m
38	Victor Rodriguez	FR	Oneonta	11.59m
39	Kevin Taylor	SO	RIT	11.56m
40	Luca Cavallo	FR	Le Moyne	11.35m
41	Gabe Milligan	FR	Fredonia	11.16m
42	Joey Biviano	FR	Mansfield	11.15m
43	Isaiyah Ali	SO	Brockport	10.90m
44	Ryan Friel	FR	Suny Geneseo	10.26m
45	Josh Lucas-Towers	FR	Rochester	10.19m
46	Conner Jakubowicz	SO	Fredonia	9.93m
47	Sean Elliott	FR	Rochester	9.01m
---	Ethan Kaufman	FR	Rochester	FOUL
---	Duncan Harbin	JR	Brockport	FOUL